

PLEASE READ CAREFULLY AND KEEP THIS PACKAGE INSERT FOR FUTURE USE IN CASE YOU HAVE A PROBLEM. It is recommended that all eye care professionals review this labeling with their patients.



Express

MULTI-PURPOSE DISINFECTING SOLUTION

Directions for care of your lenses with OPTI-FREE® EXPRESS® Solution To clean, disinfect and remove protein from your contact lenses:

- Thoroughly wet each side of the lens with OPTI-FREE® EXPRESS® Solution. Rub the lens for 20 seconds.
- Rinse each side of the lens for 10 seconds with a steady stream of OPTI-FREE® EXPRESS® Solution.
- Fill your ALCON® Lens Case with fresh OPTI-FREE® EXPRESS® Solution. Store lenses in the closed lens case overnight or at least 6 hours. After soaking, lenses are ready to wear. If any debris remains on contact lenses, rinse with OPTI-FREE® EXPRESS® Solution prior to lens insertion. You may leave your lenses in the unopened lens case containing OPTI-FREE® EXPRESS® Solution for up to 30 days. After this time, your lenses must be cleaned and disinfected with OPTI-FREE® EXPRESS® Solution prior to wear. Your eyes are unique. Your eye care professional may recommend additional products to care for your lenses based upon your individual tear chemistry and lens-wearing schedule. Always follow your eye care professional's instructions. Do not change your directions for care of your lenses without consulting your eye care professional. If using OPTI-FREE® SUPRACLEN® Daily Protein Remover, follow those directions, including rinsing before putting the lenses on your eyes.

GOOD LENS CARE PRACTICES:

- Remove imprinted seal around bottleneck completely before use.
- Always wash and dry your hands before you handle your lenses.
- Clean, rinse and disinfect your lenses each time you remove them.
- Always handle the same lens, the right or the left, first in order to avoid mix-ups.
- After use, always empty and rinse the lens case with fresh OPTI-FREE® EXPRESS® Solution and allow to air-dry.

DESCRIPTION:

OPTI-FREE® EXPRESS® Multi-Purpose Disinfecting Solution is a sterile, buffered, isotonic, aqueous solution containing sodium citrate, sodium chloride, boric acid, sorbitol, aminomethylpropanol, TETRONIC® 1304†, with edetate disodium 0.05%, POLYQUAD® (polyquaternium-1) 0.001% and ALDOX® (myristamidopropyl dimethylamine) 0.0005% preservatives.

ACTIONS:

When used as directed **OPTI-FREE® EXPRESS® Solution:**

- Cleans by loosening and removing accumulations of protein and other deposits and debris from your lenses and continues to clean your lenses during disinfection and storage.
- Destroys harmful microorganisms (germs) on the surfaces of lenses.

- Is used to rinse and store your soft (hydrophilic) contact lenses.
 - Is formulated for use in disinfection and storing lenses for up to 30 days after disinfection.
 - It conditions the lens surface with a thin layer of moisture that allows it to remain more wetttable throughout the day.
- No separate enzyme cleaner is required with OPTI-FREE® EXPRESS® Solution when used daily.

No saline solution is required with OPTI-FREE® EXPRESS® Solution.

COMFORT AND MOISTURE BENEFITS FOR LENS WEAR

While your lenses are soaking in the lens case, OPTI-FREE® EXPRESS® Solution conditions the lens surface, leaving a hydrophilic layer on the lens. This maintains a shield of moisture between the lens and the eye, improving comfort by relieving the dryness and irritation associated with contact lens wear.

INDICATIONS (Uses):

For use in the daily cleaning, removing protein deposits, rinsing, chemical (not heat) disinfection, and storage of soft (hydrophilic) contact lenses (including silicone hydrogel lenses) as recommended by your eye care practitioner. OPTI-FREE® EXPRESS® Solution can also be used with OPTI-FREE® SUPRACLEN® Daily Protein Remover.

Includes a lens case for storage of silicone hydrogel and soft (hydrophilic) contact lenses during chemical disinfection. Use for storage during chemical disinfection only.

CONTRAINDICATIONS (Reasons Not to Use):

If you are allergic to any ingredient in this product, do not use.

WARNINGS:

PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN SERIOUS INJURY TO THE EYE. It is essential that you follow your eye care practitioner's directions and all labeling instructions for proper use and care of your lenses and lens care products, including the lens case. Eye problems, including corneal ulcers, can develop rapidly and lead to loss of vision. Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown the risk of serious adverse reactions is increased when these lenses are worn overnight. Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule prescribed by your eye care practitioner. Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to daily wear contact lens users. Studies have also shown that the risk of serious adverse reactions increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement. Studies have also shown that smokers have a higher incidence of adverse reactions. If you experience eye discomfort, excessive tearing, vision changes, redness of the eye, immediately remove your lenses and promptly contact your eye care practitioner. It is recommended that contact lens wearers see their eye care practitioner twice each year or, if directed, more frequently.

Lens cases can be a significant source of microbial contamination. To help prevent eye infections, lens cases should be cleaned, rinsed, and air dried every day; and replaced frequently (as recommended by the manufacturer). Use of this lens case with heat may cause warpage. USE FOR STORAGE DURING CHEMICAL DISINFECTION ONLY. DO NOT USE WITH HEAT.

Re-use of solution or use of water with lenses may lead to contamination resulting in eye injury and potential loss of vision. See below for additional important safety information.

Soaking and Storing Your Lenses

Instruction for Use:

Use only fresh OPTI-FREE® EXPRESS® Solution each time you soak (store) your lenses.

WARNING:

Do not reuse or "top off" old solution left in your lens case since solution reuse reduces effective lens disinfection and could lead to severe infection, vision loss or blindness. "Topping-Off" is the addition of fresh solution to solution that has been sitting in your case.

Rub and Rinse Time

Instruction for Use:

- Thoroughly wet each side of the lens with OPTI-FREE® EXPRESS® Solution. Rub the lens for 20 seconds.
- Rinse each side of the lens for 10 seconds with a steady stream of OPTI-FREE® EXPRESS® Solution.
- Follow the complete recommended lens rubbing and rinsing times in the labeling to adequately disinfect your lenses and reduce the risk of contact lens infection.

WARNING:

- Rub and rinse your lenses for the recommended amount of time to help prevent serious eye infections.
- Never use water, saline solution, or rewetting drops to disinfect your lenses. These solutions will not disinfect your lenses. Not using the recommended disinfectant can lead to severe infection, vision loss or blindness.

Lens Case Care

Instruction for Use:

- Rinse your lens case with sterile contact lens solution (never use tap water) and leave the lens case open to dry after each use. Turn the case over and shake any excess solution out of the case. Be sure that no residual solution remains in the case before you allow it to air dry.
- Replace your lens case at least once every one to three months. Contact lens cases can be a source of bacterial growth.

WARNING:

Do not store your lenses or rinse your lens case with water or any non-sterile solution. Only use fresh multi-purpose solution (or sterile saline solution) so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

Water Activity

Instruction for Use:

- Do not expose your contact lenses to water while you are wearing them.

WARNING:

Water can harbor microorganisms that can lead to severe infection, vision loss or blindness. If your lenses have been submersed in water such as when swimming in pools, lakes, or oceans, you should discard them and replace them with a new pair. Ask your eye care practitioner for recommendations about wearing your lenses during any activity involving water.

Discard Date

Instruction for Use:

- Discard any remaining solution six months after first opening.

WARNING:

Using your OPTI-FREE® EXPRESS® Solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.

Important Safety Information:

- Always follow the product directions for use. Failure to follow product directions may lead to vision loss.
- Visit your eye care practitioner regularly.
- Always wash and dry hands before handling lenses.
- Do not use tap water, bottled water or saliva with lenses or lens case.
- Only use fresh solution to clean and disinfect contact lenses.
- Discard any remaining solution in your lens case after each disinfection cycle. (Never re-use solution.)

- Saline or rewetting drops will not disinfect your lenses.
- Always replace your solutions, lenses and lens case as directed.
- To avoid contamination, do not touch tip of container to any surface. Replace cap after using.
- Not for use with heat (thermal) disinfection.
- Store at room temperature.
- Use before the expiration date marked on the carton and bottle.
- Keep this and all medication out of the reach of children.

ADVERSE REACTIONS (Problems and what to do):

The following problems may occur: eyes sting, burn or itch (irritation), comfort is less than when lens was first placed on the eye, feeling of something in the eye (foreign body, scratched area), excessive watering (tearing) of the eye, unusual eye secretions, redness of the eye, reduced sharpness of vision (poor visual acuity), blurred vision, rainbows or halos around objects, sensitivity to light (photophobia), or dry eyes. If you notice any of the above:

IMMEDIATELY REMOVE YOUR LENSES.

- If the discomfort or problem stops, then look closely at the lens.
- If the lens is in any way damaged, DO NOT put the lens back on your eye. Place the lens in the storage case and contact your eye care practitioner.
- If the lens has dirt, an eyelash, or other foreign body on it, or the problems stop and the lens appears undamaged, thoroughly clean, rinse and disinfect the lens, then reinsert it.
- If the problem continues, IMMEDIATELY remove the lens and consult your eye care practitioner. If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

HOW SUPPLIED: Lens case included.

OPTI-FREE® EXPRESS® Multi-Purpose Disinfecting Solution is available for purchase in sterile 4 FL OZ (118 mL) and 10 FL OZ (300 mL) plastic bottles. Bottles and cartons are marked with a lot number and expiration date.

†TETRONIC® is a registered trademark of BASF.

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Questions or Comments?
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